



Episode 8  
A to Z.

## How to get from A to B

- 1- Pick a topic that you want to start on.
- 2- Select one area of that topic as your start point and write it in the top left of the page
- 3- Select another area of that topic as your end point.
- 4- You must now fill in the journey from start to finish. You can select as many different stops along the way, the more you select the more difficult it is.

This is great for linking different areas together, which helps you retain knowledge.

